

“Love Lifted Me Recovery Ministries”

Favorite Psalms Bible Study - Part 1

Psalm 1:1-6 Lesson #1

**INSTRUCTIONS: Read the entire section of Scripture in Psalms before starting to look up the other Scripture verses and filling in the blanks. Pray and ask the Holy Spirit to give you understanding as you read God's word. Most Scriptures are from the New King James Version.

- 1 Blessed is **the man who walks NOT in the COUNSEL of the UNGODLY**, nor stands in the **PATH of SINNERS**, nor sits in the seat of the scornful;
- **Ephesians 4:17-18** “This I say therefore, and testify in the Lord, that you should _____ as the rest of the Gentiles (non-believers) walk, in the _____ of their _____, having their _____ darkened, being alienated from the life of God, because of the _____ that is in them, because of the hardening of their heart:”
 - **I Corinthians 2:14-15** “But the natural man does not _____ (understand) the things of the Spirit of God, for they are foolishness to him; nor can he _____ them, because they are spiritually discerned. But he who is spiritual judges (discerns) all things, yet he himself is rightly judged by no one.”
 - **Proverbs 24:9** “The devising of _____ is _____, and the _____ is an abomination (a horrible thing) to men.”
 - **Proverbs 4:14** “Do _____ enter the _____ of the _____, and do not _____ in the way of _____.”
 - **Proverbs 12:15** “The way of a _____ is _____ in his _____, but he who heeds [*godly*] counsel is _____.”
 - **Proverbs 16:25** “There is a way that _____ to a man, but its end is the way of _____.”
 - **Jeremiah 15:17** “I did _____ sit in the _____ of the _____, nor did I rejoice; I sat alone because of Your hand, for You have filled me with indignation.”

Definition: “**Blessed is the man who walks NOT in the COUNSEL of the UNGODLY**” – The “ungodly” means non-believers, the “**natural man**” who is not born again and is NOT under the influence of God's Holy Spirit, so why on earth would you want to get counsel and advice from such a person? Ephesians 4:17-18 says they walk (conduct their lives) in the “**FUTILITY OF THEIR MINDS**”, which means emptiness and stupidity of their minds; **not thinking right**, not able to understand the things of God. It also says **their understanding is darkened**, and they are ignorant. Psalm 1:1 also mentions “sinners” and the “**scornful**” (those who ridicule and reject God, also called a “**scoffer**” or a “**FOOL**”). We will be BLESSED by God if we avoid such people, whether taking advice from them or just hanging out with them, because they will only pull us down. The unbeliever is in DARKNESS, but the Believer in Christ is **NOT in darkness**.

- **John 12:46** “I have come as a _____ into the world, that whoever _____ in Me should _____ abide in _____.”
- **Ephesians 5:8** “For you were once _____, but _____ you are _____ in the Lord. _____ as children of _____.”
- **Colossians 1:12-13** “Giving thanks to the Father who has qualified us to be partakers of the inheritance of the saints in the _____. He has _____ us from the power of _____ and translated us into the kingdom of the Son of His love.”

Definition: "No longer WALK as the rest of the Gentiles" — Paul is speaking to born-again Christians here, and telling them NOT to CONTINUE to LIVE THEIR LIVES or BEHAVE like non-Christians. He especially tells them NOT to THINK like unbelievers.

• **I Peter 4:3** "For we have spent enough of our past _____ in doing the will of the Gentiles, when we walked in _____, _____, _____, revelries (partying, drugging), _____, _____, and _____."

2-3 But his **DELIGHT is in the LAW of the LORD**, and in His law he meditates day and night. He shall be like a **tree planted by the rivers of water, that BRING FORTH its FRUIT in its season**, whose leaf also shall not wither; and **WHATEVER he DOES shall PROSPER**.

• **Psalm 92:12-14** "The righteous shall _____ like a palm _____, he shall grow like a cedar in Lebanon. Those who are _____ in the house of the _____ shall flourish in the courts of our God. They shall still bear _____ in old age; they shall be fresh and _____."

• **John 8:31-32** "Then said Jesus to those Jews which believed on Him, 'If you _____ in My _____, then are you My _____ indeed; and you shall know the _____, and the _____ shall make you free.'"

• **John 17:17** "Sanctify them by Your truth. Your _____ is _____." • **John 15:4-5** "Abide in _____, and I in you. As the branch cannot bear _____ of itself, unless it abides in the vine, neither can you, unless you abide in _____. I am the vine, you are the branches. He who _____ in _____, and I in him, bears much _____; for without Me you can do nothing."

Definition: "His DELIGHT is in the LAW of the LORD" – Verse 1 gives us the negative side (what NOT to do), and now we see the positive side (what we NEED to DO), and that is to meditate and study God's word (in the Old Testament it is usually called **God's "law"**) day and night, and to **let His word be our JOY and delight**. In John 8:31-32 it is called "continuing in Jesus' word", and is also called "renewing your mind" in Ephesians 4:23-24 and Romans 12:1-2, and Jesus calls it **letting "My words abide in you"** in John 15:7. This is a PROCESS, because CONTINUING in God's word takes time and work. We must renew our minds with the word of God for spiritual growth. What is your responsibility once you are born again? What do YOU need to do **AFTER** you have been **MADE** a new creation in Christ? You are responsible for your GROWTH - God does not want you to STAY a spiritual BABY forever! He wants you to **GROW and MATURE in Christ**, but it doesn't happen automatically. YOU must **FEED your re-born SPIRIT** with spiritual food, the **WORD of GOD**, in order to GROW. The SOUL and SPIRIT are closely linked together, so you must also **RENEW your MIND**, which is part of your SOUL (the SOUL is made up of your **MIND, will and emotions**). You will truly see **spiritual GROWTH** and you will be TRANSFORMED into the likeness of Jesus Christ, as you renew your mind with the word of God.

• **I Peter 2:2** "As newborn _____, desire the pure _____ of the _____, that you may _____ thereby (by the word)."

• **Ephesians 4:23-24** "And be _____ in the _____ of your _____; and that you put on the _____ man, which was created according to God, in righteousness and true holiness."

• **Romans 12:1-2** "And do not be conformed to this world, but be _____ by the _____ of your _____ that you may prove what is that good and

acceptable and perfect will of God.”

Definition: “That BRING FORTH its FRUIT in its season” – BRINGING FORTH spiritual FRUIT belongs to the person whose **“delight is in the law of the Lord, and in His law he meditates day and night.”** For us as Christians under the New Covenant, it would be the same as being FILLED with the HOLY SPIRIT and ABIDING in Christ. **To “abide” in Jesus simply means to remain in a close relationship and constant fellowship with Him - to stay connected.** Jesus came to live in your heart when you received Him by faith. **He dwells in you by His Spirit - the Holy Spirit.** You have fellowship with Him through prayer (just talking to Him) and **as you READ His WORD (He talks to you).**

We must, on a daily basis, examine ourselves **to see if we are ABIDING in Christ and continually ALLOWING the Holy Spirit to be in CONTROL** of our lives or not. We are COMMANDED to be filled with the Holy Spirit. It is NOT a ONE-TIME experience, but a continuous, moment-by-moment YIELDING of ourselves to the Holy Spirit’s control in our lives. The literal translation of the Greek is **“keep being continually filled” with the Spirit.** One of the results of being CONTROLLED by the Holy Spirit is having **JOY in your heart** (“singing and making melody in your HEART”). **All the FRUIT of the Spirit: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control** will be abundant in your life as you allow the Holy Spirit to control your heart, mind, and actions. This is what Jesus meant by our lives producing fruit that will glorify God the Father. “By this My Father is glorified, that you bear much fruit” (John 15:8).

•**Galatians 5:22-23** “But the _____ of the Spirit is love, joy, peace, longsuffering (patience), kindness, goodness (meekness, humility), faithfulness, gentleness, self-control.....”

•**Ephesians 5:18-19** “.....be _____ with the _____, speaking to one another in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord.”

4-6 The ungodly are not so, but are **like the CHAFF which the wind DRIVES AWAY.** Therefore **the UNGODLY shall NOT STAND in he judgement,** nor sinners in the congregation of the righteous. For **the Lord knows the way of the righteous,** but the **WAY of the UNGODLY shall PERISH.**

•**Psalms 35:5-6** “Let them be like _____ before the _____, and let the angel of the Lord chase them, let their way be dark and slippery, and let the angel of the Lord pursue them.”

•**John 3:16** “For God so _____ the world that He gave His only begotten Son, that whoever _____ in Him should _____ but have _____.”

Definition: “Like the CHAFF which the wind DRIVES AWAY” – In harvesting wheat, **the chaff is the worthless, inedible outer coating of the wheat, which the harvester throws away or burns up.** The process of removing the chaff from the wheat is called “winnowing” or “threshing”, and he tosses up the wheat into the air, and the heavier wheat kernels fall back into the basket, and the lighter **CHAFF blows away in the WIND.** In Matthew 3:11-12, it talks about Jesus having “His winnowing fan is in His hand”, and that would be the flat basket or “fan” that one would toss the wheat in. When it says “He will thoroughly purge His threshing floor” it means the cleaning up of the floor, and removing all the chaff that has blown onto the floor, and burning it up to get rid of it. **This is a vivid picture of the Final Judgment when all unbelievers (the “chaff”) will be throw into the Lake of Fire** after they are judged for their sins.

•**Matthew 3:11-12** “I indeed baptize you with water unto repentance, but He who is coming after me is mightier than I, whose sandals I am not worthy to carry. He will baptize you with the Holy Spirit and _____. His winnowing fan is in His hand, and He will thoroughly purge His

_____ floor, and gather His _____ into the _____; and He will _____ up the _____ with unquenchable _____.”

Definition: “The UNGODLY shall NOT STAND in he judgement” – What does it mean to “stand in the judgment? Does it mean they will not be judged by God? No, it means when **the “ungodly” or unbelievers come before God, they will not be able to STAND up** before Him, but will collapse on the ground, so to speak, and fall on their faces, and then God will cast them away into the Lake of Fire. This is the final place of existence for all those who are “ungodly”, which means ALL those who do NOT put their faith and trust in Jesus Christ as their Savior. **Our faith in Christ SAVES US** from the Lake of Fire, also known as hell.

• **Malachi 3:2 & 5** “But who can endure the _____ of His _____? And who can _____ when He _____? For He is like a refiner’s _____ and like fuller’s (laundryman’s) soap.” “Then I will draw near to you for judgment; and I will be a swift witness against the sorcerers and against the adulterers and against those who swear falsely, and against those who oppress.....the widow and the orphan, and who turn aside the foreigner, and do _____ fear Me,’ says the _____.”

• **Hebrews 10:27** “But a certain fearful expectation of _____, and _____ indignation which will devour the adversaries.”

• **II Peter 3:7-9** “But the heavens and the earth which now exist are kept in store by the same word, reserved for _____ until the day of _____ and perdition of _____ men. But beloved, do not forget this one thing, that with the Lord one day is as a thousand years, and a thousand years as one day. The Lord is not slack (slow, behind time) concerning His promise, as some count slackness, but is longsuffering toward us, _____ willing that any should _____ but that _____ should come to _____.”

Definition: “The WAY of the UNGODLY shall PERISH” — “Perish” in the Bible means **to be thrown into hell forever — everlasting DESTRUCTION**. It does **NOT** mean to just **not exist** anymore. Some religions and cults teach that a person just goes into oblivion, and that there is no more consciousness after death (sometimes called “soul sleep”). The Bible teaches that there is ETERNAL PUNISHMENT for those who reject God’s way of salvation. Again **the “UNGODLY” means the non-believers - the ones who have rejected Jesus Christ**. God the Father has given ALL JUDGMENT to His son, Jesus Christ, and those who have rejected Him will PERISH, which means they will be thrown into hell for all eternity. Why is that? Because Jesus PAID for our sins when He died on the cross, but if they have not believed in Him, and have REJECTED God’s ONLY WAY to receive forgiveness for their sins, there is no other choice, and they must PAY for their own sins, and that PENALTY is to be excluded from the presence of God for all eternity. Those who try to say they believe in God and serve God in SOME OTHER WAY other than through Jesus Christ, will have to **be JUDGED by the very One they rejected!** John 5:23 says that if they do not **HONOR the Son in the SAME WAY they HONOR the Father**, they are NOT honoring or worshiping the Father at all! Jesus said in John 14:6 that NO ONE can come to God the Father any other way but through Him.

John 5:22-23 “For the Father _____ no one, but has committed _____ to the _____, that all should _____ the Son _____ as they _____ the Father. He who does not _____ the _____ does not honor the Father who sent Him.”

• **Acts 10:42** “And He commanded us to preach to the people, and to testify that it is He who was ordained by _____ to be _____ of the _____ and the _____.”

• **John 10:27-30** “My Sheep hear My voice, and I know them, and they follow Me. And I

_____ them _____, and they shall _____
_____; neither shall anyone snatch them out of My hand. My Father who has given
them to Me, is greater than all; and _____ is able to snatch them out of My
Father's _____.”